

IB CAS Learning Outcomes

To complete Creativity, Activity, and Service (CAS), you need to meet all seven CAS learning outcomes. Through your CAS portfolio, you'll provide evidence showing how you've achieved each one.

- 1. Identify own strengths and develop areas for growth** - Students can perceive themselves as individuals possessing a range of abilities and skills, with some being more developed than others.
- 2. Demonstrate that challenges have been undertaken, developing new skills in the process** - A fresh challenge could manifest as either an unfamiliar encounter or as an extension of a pre-existing one. The skills acquired or developed might be demonstrated through novel experiences or enhanced proficiency in a familiar domain.
- 3. Demonstrate how to initiate and plan a CAS experience** - Students possess the ability to outline the phases from conceptualizing an idea to implementing a plan for either individual or collaborative CAS endeavors. They can demonstrate their understanding and awareness by either leveraging a past experience or initiating a novel idea or procedure.
- 4. Show commitment to, and perseverance in, CAS experiences** - Students exhibit consistent participation and enthusiastic engagement in CAS activities.
- 5. Demonstrate the skills and recognize the benefits of working collaboratively** - Students can recognize, showcase, and critically analyze the advantages and obstacles of collaboration acquired through CAS engagements.
- 6. Demonstrate engagement with issues of global significance** - Students have the capability to recognize and display their comprehension of global issues, make conscientious decisions, and take suitable actions in response to these issues, whether at the local, national, or international level.
- 7. Recognize and consider the ethics of choices and actions** - Students demonstrate an understanding of the repercussions of their choices and actions when strategizing and executing CAS activities.



Here are some tips to help you incorporate the 7 learning outcomes into your CAS portfolio:

- Reflection - ensure each CAS experience includes thorough reflection on how it demonstrates each learning outcome. Reflect not only on what you did but also on what you learned from the experience.
- Planning and Initiative - document the process of planning and initiating your CAS activities. This could include setting goals, creating action plans, and taking the initiative to start new projects or activities.
- Collaboration - highlight instances where you collaborated with others in their CAS experiences. This could involve working with classmates, community members, or organizations to achieve common goals.
- Commitment - reflect on your level of commitment to each CAS experience. How consistently did you participate? Did you overcome challenges or setbacks?
- Ethical Considerations - consider the ethical implications of your CAS activities. How did your actions impact others, and how did you ensure you acted responsibly and ethically?
- Personal Growth - reflect on how each CAS experience contributed to your personal growth and development. What new skills did you acquire? How did you challenge yourself?
- Global Engagement - explore the global dimensions of their CAS experiences. How did they engage with global issues or perspectives? Did they take action to address issues at the local, national, or international level?