## CAS @ISC

## (General outline for all grade 11 & 12 students)

Besides this general outline, all *students*, *teachers* and *parents* must know more about what the CAS program entails by reading the **CAS Guide** uploaded on the ISC website.

CAS involves students in a range of enjoyable and significant experiences, as well as a CAS project. This is to ensure that not all learning comes from books but also from one's own experiences. CAS and a student's subjects support one another and help lay a valuable foundation to enrich their lives as they strive towards self awareness and their role in the bigger scheme of things, not just at one level but from Class  $\rightarrow$ School  $\rightarrow$  ISC Community  $\rightarrow$  Curação  $\rightarrow$  all across the globe, becoming confident young people who know how to tackle situations from a personal, local and international perspective.

What do the letters **CAS** stand for? According to the latest 2017 CAS Guide 2017:

Creativity: exploring and extending ideas to an original or interpretive product or performance

Activity: physical exertion contributing to a healthy lifestyle

Service: collaborative and reciprocal engagement with the community in response to an authentic need

The CAS programme starts at the start of a student's Grade 11 year(August) and continues regularly on a weekly basis, for at least 1.5 years (18 months) until April of their Grade 12 year. Students must keep in mind that a reasonable balance between these three strands ( C, A & S) is maintained at all times.

Students participate in long drawn out set of activities like being part of the ISC band/ Varsity team or volunteer regularly at the Home for the Elderly / the Dieren Bescherming( local animal shelter), PWF, Ride for the Roses etc and also plan and carry out one *self initiated activity* (CAS project) that lasts for a *minimum of one month* or more.

A CAS portfolio must be maintained at all times as proof of participation in any sort of CAS activity.

**1.CAS log sheets** available on the ISC website under:

http://isc.cw/wp-content/uploads/2014/07/CAS LOG Creativity.pdf) and

**2**. A **CAS journal** to document the 7 learning outcomes(LO) for each activity. The journal entries are student "*reflections*" on their activity and how they achieved these learner outcomes.

Updated information on deadlines, as always, is posted on the CAS blog since September 2008.

http://casiscee.wordpress.com

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